

Free Family Education Webinars

Supporting Youth Mental Health - Fall Webinar Series

Hays CISD has partnered with Daybreak Health to hold classes for Hays CISD families focused on supporting youth mental health. Facilitated by a clinical expert from Daybreak, these free virtual webinars will cover the following topics:

Depression: Guiding Your Child Through Depression

Wednesday, November 29 | 6:30-7:30pm | [REGISTER HERE](#)

Teen Substance Use & Abuse

Tuesday, December 12 | 6:30-7:30pm | [REGISTER HERE](#)

Sessions led by:



Vanessa Rivas
Licensed Clinical
Social Worker

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about Daybreak:

